

Trotter Newsletter

18th September 2025

A big thank you to all those that made the effort to turn up for the new Trotters official group photo. There were 106 of us in total. That pretty much marked the end of the summer, since then we seem to have fallen head first into winter! If you don't own a head torch, now might be the time to buy one. They are so useful in these dark winter months. They allow our leaders to venture off road, which gives all of us a bit more variety.

The Rec social/sports day saw much improved performances from our teams. The ladies made it through to the final of the rounders before losing to a very skilful Squash Club. The men were drawn against the Cricket Club (overall winners) in the semi final and despite giving them their closest game of the competition, they lost by 19 runs. They went on to win their next match to come third overall.

The Haytor Heller was a great success. The weather was kind to us, albeit a bit windy. Numbers were up on last year and everyone seemed to enjoy themselves. We sold out of cakes and the BBQ also sold out. It was Kim (RD) and Duncan (Assistant RD) first year at the helm and what a great job they did. Kim tells me they are already looking forward to next year!

Entries for our remaining two races are down on what they were at this stage last year. Hopefully a late rush will see us at least match last year's totals. If you can bake a cake for one, or both of the races, that would be great. Remember three cakes during the year and five marshal points gets you in the draw for the clubs London Marathon place (assuming we're given one).

Details of the reccie runs, membership fees, the awards night and this year's charity Christmas card (yes I know we're still in September!) can be found within the newsletter.

Membership total: 360

We've had six new members join the club since my last newsletter, taking us up to a new record total of 360. It's an impressive total, certainly the envy of many clubs in the West Country.

I'm looking forward to more occasions like we had at the Forest Flyer this year. That sea of royal blue is a sight to behold. A very warm welcome to all our new members, three of whom are pictured below.



Kiera Anthony



Jasper James



Lucy Peacock



TEIGNBRIDGE TROTTERS

LADIES 10K

15-17 year olds run **FREE!** **28.09.25**
Race Start 10AM

<https://tinyurl.com/TTLadies10k>

The poster features a group of female runners at the top, a circular logo for Teignbridge Trotters, and three small circular images at the bottom showing individual runners.

LADIES 10K RECCIE RUNS

Wed 24th September

There will be three groups, all starting from Ipplepen Cricket Club. TQ12 5TT

- **C group.** 6.15pm. 10/12 min/mile. Ben Elphick leading.
- **B group.** 6.30pm. 8.30/10 min/mile. Debbie Elphick leading.
- **A group.** 6.45pm. 7.45/8.30 min/mile. Ian Langler leading.

Ladies 10K Reccie Runs ~ Food afterwards at the Rec

There are three options to choose from, all come with new potatoes, salad and home made coleslaw;

- Vegetarian Quiche
- Salmon in a parsley sauce
- Mediterranean Chicken

All meals are £10 and need to be booked in advance, either via my Facebook post or by emailing me directly. The deadline is 7pm on Monday 22nd. Those not doing the reccie runs (Improvers) are more than welcome to join us. Anyone ordering food and not turning up will still need to pay for their food!

There are showers available at the Rec.

TEMPLER TEN RECCIE RUNS

Sat 4th October

There will be two groups, both starting from Stover School. TQ12 6QG

- **B group.** 8.30am. 9/10.30 min/mile. Allen Taylor leading.
- **A group.** 9am. 8/9 min/mile. Roger Hayes leading.

I will be there to show you where to park.



TEMPLER TEN 2025

SIBELCO
TEMPLER TEN

SUNDAY 5TH OCTOBER
11AM START
ALSO 1-MILE FUN RUN - 10.15AM START

Enter here, via S!Entries:
<https://tinyurl.com/TemplerTenSignUp>

The poster features a banner at the top, a circular logo for Sibelco, a large photo of a running race, and three small circular images at the bottom showing runners.

CLUB KIT



I often see posts on our Facebook group asking how to obtain club kit.

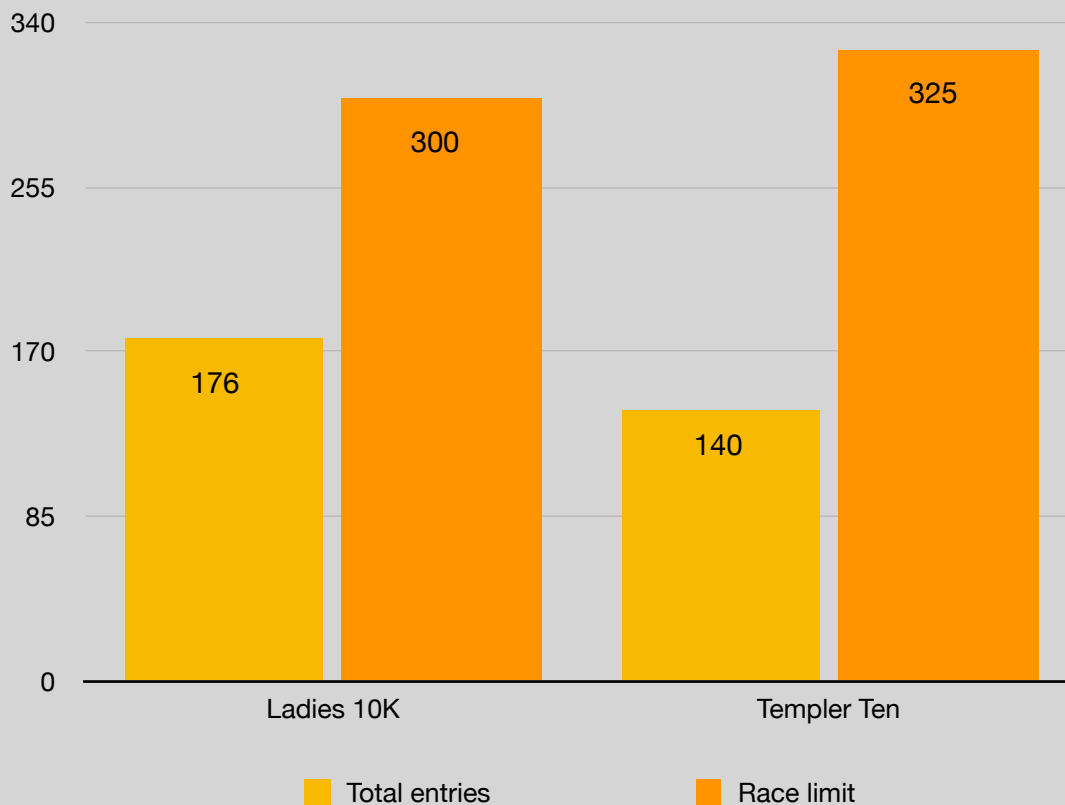
Adam Doherty (pictured opposite) is in charge of sales. You can order it online via our website. The link is found under the membership tab and club contacts.

Please remember that when competing in permitted races you must wear our official club kit.

However, this does not apply to ultra marathons, parkruns or multi sport events, such as triathlons.

If you want to run a race for charity, please drop the committee a line asking for permission to wear a charity vest.

How full are our races?



Trotters Presentation & Awards Night
Sat 13th December
Buckland Athletic Football Club
(Tickets on sale 1st October)



If you would like to nominate a charity for this year's Trotter Christmas Card, please send your nominations in to me before the 13th October. Please give your reason why and a link to the charities website (if they have one).

Subs are due
October 1st

You will receive a reminder from SiEntries that your subs are due at the end of this month.

It's a very simple procedure to renew, but if you do experience any difficulties then please contact Jacki Woon, our Membership Secretary.



50 in 50 at 50!

Good luck to Trotter member, Alex Lyons, who will be running the Torbay Half Marathon on Sunday.

It will be Alex's 50th half marathon in 50 weeks to celebrate reaching the grand old age of 50!

Alex is raising money for the Life Change Trust.

You can read all about his journey in the special Christmas edition of the Trotter.

URGENT!

We are short of 10 marshals for the Templer Ten. If you're able to help, please message Nigel Barnett ASAP; nigel.barnett@hotmail.co.uk 🙏